

Count: 32	Wall: 4	Level: Beginner	
Choreographer: Maggie Gallagher (Nov 2012)			
Music: I Can't H	lelp Myself (Sug	ar Pie, Honey Pie) by Jessica Mauboy	/

Intro: 24 Counts (11 secs) Special thanks to Margaret Hains for suggesting the music

S1: VINE R, CROSS L, CHASSE R, ROCK BACK L

1-2 Step right to right side, Cross left behind right
3-4 Step right to right side, Cross left over right
5&6 Step right to right side, Step left next to right, Step right to right side
7-8 Rock back on left, Recover on right

S2: VINE L, CROSS R, CHASSE L, ROCK BACK R

- 1-2 Step left to left side, Cross right behind left
- 3-4 Step left to left side, Cross right over left
- 5&6 Step left to left side, Step right next to left, Step left to left side
- 7-8 Rock back on right, Recover on left

S3: R ROCKING CHAIR, STEP R, 1/2 PIVOT L, STEP R, 1/4 PIVOT L

- 1-2 Rock forward on right, Recover on left
- 3-4 Rock back on right, Recover on left
- 5-6 Step forward on right, ½ pivot left [6:00]
- 7-8 Step forward on right, ¼ pivot left [3:00] *Restart Wall 7

S4: STEP R, TOGETHER L, STEP R, TOUCH L, STEP L, TOGETHER R, STEP L, TOUCH R

- Note: This section is done with Motown arm movements
- 1-2 On slight right diagonal step forward right, Step left next to right
- 3-4 Step forward right, Touch left next to right
- 5-6 On slight left diagonal step forward left, Step right next to left
- 7-8 Step forward on left, Touch right next to left

RESTART: Wall 7 after 24 counts [9:00]