



**STEPPIN'OFF** 

Approved by:

Sivieme S.

THEPage

## No Tricks

4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Forward Rock, Shuffle Back, Back Rock, Step, Pivot 1/2 Left		
1 - 2	Rock forward on left. Recover onto right.	Forward Rock	On the spot
3 & 4	Step left back. Close right beside left. Step left back.	Back Shuffle	Back
5 - 6	Rock back on right. Recover onto left.	Back Rock	On the spot
7 - 8	Step right forward. Pivot 1/2 turn left.	Step Pivot	Turning left
Section 2	Shuffle 1/2 Turn Left, Back Rock, Kick Ball Cross, Side, Together		
1 & 2	Shuffle step 1/2 turn left, stepping - right, left, right.	Shuffle Turn	Turning right
3 - 4	Rock back on left. Recover onto right.	Back Rock	On the spot
5&6	Kick left forward to left diagonal. Step left beside right. Cross right over left.	Kick Ball Cross	
7 - 8	Step left long step to left side. Step right beside left.	Step Together	Left
Section 3	Cross Shuffle, 1/4 Turn Left x 2, Cross Rock, 1/4 Turn Right Strut		
1 & 2	Cross left over right. Step right to right side. Cross left over right.	Cross Shuffle	Right
3 - 4	Step right to side turning 1/4 left. Step left back turning 1/4 left.	Turn Turn	Turning left
5 - 6	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
7 - 8	Turn 1/4 right touching right toe forward. Drop heel taking weight.	Turn Strut	Turning right
Section 4	1/2 Right, Back, Touch, Hold, Back, 1/4 Right, 1/4 Right With Hook, Shuffle 1/2		
1 - 2	Step left forward turning 1/2 right. Step right back.	Turn Back	Turning right
3 - 4	Touch left toe forward. Hold.	Touch Hold	On the spot
& 5	Step left back. Step right forward and turn 1/4 right.	& Turn	Turning right
6	Step left to left side turning 1/4 right and hooking right over left.	Turn	
7 & 8	Step right back and turn 1/2 right. Close left beside right. Step right forward.	Shuffle Half	
Tag	Modern Talking track only: at start of Walls 3 and 7 (facing back wall)		
1 - 4	Rock left forward. Recover onto right. Rock left back. Recover onto right.	Rocking Chair	
Option	1 - 4: Step left forward. Pivot 1/2 right. Step left forward. Pivot 1/2 right.	Step Pivot x 2	

Choreographed by: Vivienne Scott (Canada) May 2007

Choreographed to: 'Don't Play With My Heart' by Modern Talking (105 bpm) from CD The Very Best of Modern Talking (32 count intro into the lyrics)

Music Suggestions: 'Something To Live For' by Jimmy Somerville from CD Manage The Damage; '3 Good Reasons' by Dwight Yoakam f om CD Blame The Vain; 'Once In A Lifetime' by Keith Urban from CD Love, Pain & The Whole Crazy Thing

**Choreographer's Note:** In the Dwight Yoakam track the music cuts off a couple of times towards the end - keep on dancing'! The Keith Urban track is lengthy and could be cut at 4 min 8 sec or before. All tracks available on iTunes **Tag:** There is a 4-count tag, danced at the beginning of Walls 3 and 7 (Modern Talking track only)

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