



Approved by:

Rachael McEnaney

The Good Life

2 WALL – 32 COUNTS – ADVANCED

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 2 a 3 & 4 Note & 5 6 a 7 a 8	Back, Coaster Step, 1/4 Hitch, Cross, Hitch, Cross, 3/4, 1/4 With Scissor Step Step right back. Step left back. Step right beside left. Step left forward. Turn 1/4 left on ball of left hitching right knee. Cross right over left. (9:00) The hitch is not a strong hitch, just a transition into next step. Hitch left knee (again, not a strong hitch). Cross left over right. Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. Turn 1/4 left stepping right to side. Step left beside right. Cross right over left. (9:00)	Back Coaster Step Quarter Cross Hitch Cross Three Quarter Quarter Scissor	Back On the spot Turning left Right Turning left
Section 2 a 1 – 2 a 3 a 4 a 5 – 6 a 7 a 8 a 1	Side, Back Rock, 1/4 Into Weave, Back Rock, 1/4, Back, Back, Coaster Step Step left to side. Rock right back (diagonally opening body). Recover onto left. (10:30) Straightening up turn 1/4 left stepping right to right side. Cross left behind right. Step right to right side. Cross left over right. (6:00) Step right to side. Rock left back (diagonally opening body). Recover onto right. (4:30) Straightening up turn 1/4 right stepping left back. Step right back. Step left back. Step right back. Step left beside right. Step right forward. (9:00)	Side Back Rock Quarter Behind Side Cross Side Back Rock Quarter Back Back Coaster Step	On the spot Turning left Right On the spot Turning right On the spot
Section 3 2 3 a 4 a 5 6 a 7a Note 8 a	Forward, 1/4 Left, 1/2 Right, Side Rock, Cross Rock, Ball Cross, Unwind, Side, Close Step left forward. Turn 1/4 left pointing right to side. Turn 1/2 right stepping right beside left. (12:00) Rock left to side. Recover onto right. Cross rock left over right. Recover onto right. Step left to side. Cross right over left. Unwind full turn left on ball of right. (12:00) Think of the turn starting on count 7 - begin turning as soon as you cross right. Step left to left side. Step right beside left.	Forward Quarter Half Rock & Cross Rock Recover Side Cross Unwind Side Together	Forward Turning Left/Right On the spot Turning left Left
Section 4 1 – 2 3 & a 4 & a 5 – 6 a 7 a 8 a	Rock Sway, Cross Side Rock x 2, Forward Rock, 1&1/2 Turns, Forward, Close Rock left to side swaying upper body left. Recover onto right swaying upper body right. Cross left over right. Rock right to right side. Recover onto left. (12:00) Cross right over left. Rock left to left side. Recover onto right. Rock forward on left. Recover onto right. Turn 1/2 left stepping left forward. Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. (6:00) Step right forward. Step left beside right.	Rock Sway Cross Side Rock Cross Side Rock Forward Rock Half Full Turn Step Together	On the spot Forward On the spot Turning left Forward
Tag 1 – 4	End of Wall 1: Reverse Rocking Chair (facing 6:00) Rock back on right. Recover onto left. Rock forward on right. Recover onto left.	Back Rocking Chair	On the spot

Choreographed by: Rachael McEnaney (UK) August 2013

Choreographed to: 'The Good Life' by Robin Thicke (104 bpm) from CD Blurred Lines; download available from amazon or iTunes (16 count intro - start on vocals)

Tag: There is one short Tag at the end of Wall 1



A video clip of this dance is available at www.linedancermagazine.com